

## Supporting the Children of the Xai-Xai State Orphanage

### ATTACHMENT I

## COMFORT PACK FOR TEENAGERS

### Why Our Comfort Packs Matter

In Mozambique, many young teenagers face unimaginable trauma. Human trafficking, sexual abuse and exploitation are tragic realities for children in our area. When children are rescued from these situations, they often need to be removed from their homes immediately to ensure their safety. The rescue process itself can be frightening and overwhelming. Trust has been broken, familiar surroundings are left behind, and the future is uncertain. The first children who arrived here were between the ages of 9 and 15. They were frightened, confused, and deeply traumatized, with little or no personal belongings and no contact with trusted family members.

Our mission is to step into that darkness to provide a place of safety, protection, healing, and hope. We surround them with love and care as they arrived with nothing except the trauma they carry.



Recognising this need, Carol took immediate action by developing and distributing a fundraising flyer to support the creation of Comfort Packs for newly rescued children. A Comfort Pack is far more than a collection of supplies. For a young teenager who may feel they have lost everything, the pack serves as a powerful tool in restoring hope and helping them experience the love of God through the kindness and generosity of others.

### Healing Starts with a Small Gift

Each Comfort Pack is carefully prepared to provide practical necessities,

emotional comfort, and a reassuring message of hope during a child's first days in our care.

Each comfort pack includes:

**Hygiene essentials:** Items such as a toothbrush, toothpaste, soap, facecloth, and hairbrush help restore dignity, self-respect, and a sense of normalcy.

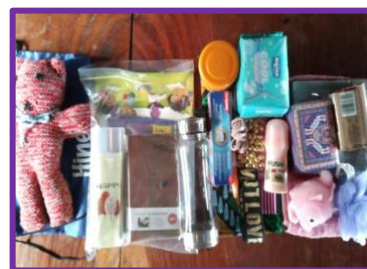
**Comfort items:** A soft teddy bear to hold tight and warm socks provide physical comfort during their first lonely nights in a new place.

**Capulana:** This traditional African fabric offers familiarity, cultural connection, warmth, and a comforting reminder of home.

**Creative supplies:** A notebook and coloured pencils provide a safe outlet for self-expression, helping children process emotions through writing, drawing, and creative activities.

**Message:** Every Comfort Pack includes a small chalkboard displaying the words:

*"You are Safe. You are Not Alone. You Matter."*



Thank you Carol for initiating and leading this project, and a special word of appreciation goes to Greta Prins, whose passion and encouragement inspired many volunteers to knit beautiful teddy bears. included in the packs. These handmade gifts bring comfort and a sense of being loved to a child during one of the most difficult moments of her life. I recently received another batch of beautiful teddies from Greta to be included in the packs.



I had the privilege of being personally present to give out our first bags and saw how something so simple could bring such comfort



Today, I invite you to also take part in this by donating finances or some specific items.